

March 2026

Open to the Community
Monday – Friday 9:00 a.m. – 4:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
2 9:00 Senior Fitness/Low Impact 10:00 Beginner Line Dancing 10:15 Gentle Yoga 11:10 Intermediate Line Dancing 12:30 Euchre 4:00 Tumbling Class 5:00 Tumbling Class 6:00 Tumbling Class 6:30 Aerobics	3 10:00 Knitting/Crocheting Group 10:00 Grief Support Group 11:30 Senior Lunch & Learn sponsored by Brookdale (Reservations required) 1:00 Senior Chair Fitness Class 1:15 Senior Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	4 9:00 Senior Fitness/Low Impact 9:30 Matter of Balance Workshop 10:15 Self-Care Wednesday MELT class 12:00 Blood Pressure Checks (Brookdale) 12:15 Parkinson's Fitness Class 12:30 Bridge 1:00 Senior Bingo 2:45 Mexican Train Dominos 6:00 Yoga 6:30 Aerobics	5 9:00 Pilates 10:00 Weight Watchers 10:30 Quilting 1:00 Euchre 1:00 Senior Chair Fitness Class 5:30 Beginner Karate 7:00 Advance Karate	6 9:00 Open Cornhole for Adults 10:00 Bridge (Private Group) 12:30 Sinclair Contemporary Politics Class (Registration required)	<u>The annual Easter Egg Hunt will be held at Centennial Park on Saturday, March 28, 2026. This event is open to children 8 and under. The hunt will begin promptly at 10:30am. This event will include candy, prizes, and a visit from the Easter Bunny. The Easter Bunny will arrive at the park around 9:45am on the firetruck.</u>
9 9:00 Senior Fitness/Low Impact 10:00 Beginner Line Dancing 10:15 Gentle Yoga 11:10 Intermediate Line Dancing Class 12:30 Euchre 1:00 Senior Movie Day (RSVN Required) 4:00 Tumbling Class 5:00 Tumbling Class 6:00 Tumbling Class 6:30 Aerobics	10 10:00 Knitting/Crocheting Group 10:00 Grief Support Group 12:00 Senior Hot Dog Lunch sponsored by Momentous Health 1:00 Senior Chair Fitness Class 1:00 Senior Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	11 9:00 Senior Fitness/Low Impact 9:30 Matter of Balance Workshop 10:15 Self-Care Wednesday MELT class 12:15 Parkinson's Fitness Class 12:30 Bridge 1:00 Senior Bingo 2:45 Mexican Train Dominos 6:00 Yoga 6:30 Aerobics	12 9:00 Pilates 10:00 Weight Watchers 10:30 Quilting 1:00 Euchre 1:00 Senior Chair Fitness Class 5:30 Beginner Karate 7:00 Advance Karate	13 9:00 Open Cornhole for Adults 12:00 Englewood Senior Club Carry-In Lunch for club members (Reservations for lunch required: Sign up on the senior club bulletin board) 12:30 Sinclair Contemporary Politics Class 1:00 Senior Club Bingo	<u>Senior Fun Auctions are held at the Earl Heck Community Center on the fourth Tuesdays of the month at 11:00 a.m. Random prizes will be auctioned off to some lucky winners at these events. Free to attend and open to anyone 55 and older.</u> <u>Sponsored by Momentous Health.</u>
16 9:00 Senior Fitness/Low Impact 10:00 Beginner Line Dancing 10:15 Gentle Yoga 11:10 Intermediate Line Dancing 12:30 Euchre 4:00 Tumbling Class 5:00 Tumbling Class 6:00 Tumbling Class 6:30 Aerobics	17 10:00 Knitting/Crocheting Group 10:00 Grief Support Group 11:30 Lunch & Learn sponsored by Outpatient at Home/Therapy Advantage (Reservations Required) 1:00 Senior Bingo 1:00 Senior Chair Fitness Class 1:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	18 9:00 Senior Fitness/Low Impact 9:30 Matter of Balance Workshop 10:15 Self-Care Wednesday MELT class 12:00 Blood Pressure checks (Arcadia) 12:15 Parkinson's Fitness Class 12:30 Bridge 1:00 Senior Bingo 2:45 Mexican Train Dominos 6:00 Yoga 6:30 Aerobics	19 9:00 Pilates 10:00 Weight Watchers 10:30 Quilting 1:00 Euchre 1:00 Senior Chair Fitness Class 5:30 Beginner Karate 7:00 Advance Karate	20 9:00 Open Cornhole for Adults 10:00 Bridge (Private Group) 12:30 Sinclair Contemporary Politics Class	<u>Euchre for Seniors is offered at the Earl Heck Center on Mondays at 12:30pm, Tuesday evenings at 5:30pm, and Thursdays at 1:00pm. Open to anyone 55 and older.</u> <u>Sponsored by Momentous Health.</u>
23 9:00 Senior Fitness/Low Impact 10:00 Beginner Line Dancing 10:15 Gentle Yoga 11:10 Intermediate Line Dancing Class 12:30 Euchre 1:00 Senior Movie Day (RSVN Required) 4:00 Tumbling Class 5:00 Tumbling Class 6:00 Tumbling Class 6:30 Aerobics	24 10:00 Knitting/Crocheting Group 10:00 Grief Support Group 11:00 Senior Fun Auction sponsored by Momentous Health & Earl Heck Center 1:00 Senior Bingo 1:00 Senior Chair Fitness Class 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	25 9:00 Senior Fitness/Low Impact 9:30 Matter of Balance Workshop 10:15 Self-Care Wednesday MELT class 12:15 Parkinson's Fitness Class 12:30 Bridge 1:00 Senior Bingo 2:45 Mexican Train Dominos 6:00 Yoga 6:30 Aerobics	26 9:00 Pilates 10:00 Weight Watchers 10:30 Quilting 1:00 Euchre 1:00 Senior Chair Fitness Class 5:30 Beginner Karate 7:00 Advance Karate	27 9:00 Open Cornhole for Adults 10:30 Senior Club Board Meeting 11:10 Senior Club Business Meeting 11:30 Senior Pizza Party (Reservations required) Pizza provided by Earl Heck Center. Drink, chips, and desserts provided by club. 12:00 Club Entertainment by Mike Hemmelgarn 1:00 Senior Club Bingo	<u>Senior Movie Days:</u> <u>Senior Movie Days are held at the Earl Heck Center on the 2nd and 4th Mondays of the month at 1:00 PM. Popcorn will be provided for those in attendance. Register in the main office if you plan on attending.</u>
30 9:00 Senior Fitness/Low Impact 10:00 Beginner Line Dancing 10:15 Gentle Yoga 11:10 Intermediate Line Dancing 12:30 Euchre 4:00 Tumbling Class 5:00 Tumbling Class 6:00 Tumbling Class 6:30 Aerobics	31 10:00 Knitting/Crocheting Group 10:00 Grief Support Group 10:00 Senior Craft Project sponsored by Cypress Pointe (Reservations required) 1:00 Senior Bingo 1:00 Senior Chair Fitness Class 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice			* Like us on Facebook at www.facebook.com/EarlHeckCommunityCenter More information available on our webpage at: https://www.englwood.oh.us/187/Human-Services	<u>March Movies:</u> <u>March 9 - Escape from Alcatraz</u> <u>March 23 – 9 to 5</u>