

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
	<i>*For that special occasion or meeting. . . consider renting the Heck Center!</i>	9:00 Senior Fitness/Low Impact 1 1:00 Bingo 1:00 Bridge 6:00 Pilates 6:30 Aerobics 7:30 Yoga	9:00 Pilates 2 10:00 Knitting 1:00 Euchre 1:00 Jewelry Class 5:30, 7:00 Karate 7:00 Tumbling 8:00 Priv. Gymnastics	10:00 Bridge 3 1:00 Pinochle	<u>September 2</u> – Karate begins a new session for ages 6 and up. Call Jeff Webb at 937-974-7115 to register or for more information. <u>September 6</u> – Labor Day. Center Closed. <u>Health Screenings:</u> Blood Pressure Checks on the third Tuesday, 11:30-12:30 by Cypress Pointe. No charge. Blood Pressure Checks and Hearing Screenings on the fourth Friday, 11:00 – 12 noon by Comfort Keepers and Miracle Ear. There is no charge.
LABOR DAY CENTER CLOSED 6	9:30 Art/Needlework/Lunch Bunch 7 12:30 Bridge /Canasta 1:00 Bingo 6:00 Beg. Ballroom Dance 7:00 Ballroom Dancing 7:00 Women's Self Defense	9:00 Senior Fitness/Low Impact 8 10:15 Mom & Tots 1:00 Bingo 4:00 Kids Art 6:00 Pilates 6:30 Aerobics 7:30 Yoga	9:00 Pilates 9 10:00 Knitting 1:00 Euchre 1:00 Jewelry Class 5:30, 7:00 Karate 7:00 Tumbling 8:00 Priv. Gymnastics	10 10:30 a.m Blood Pressure 12 Noon Englewood Senior Citizens, Inc. Carry-Luncheon. Friendship Village and Kindred Funeral Home will provide the program and desserts . Everyone 55 and Older Welcome 1:00 Pinochle	<u>September 8</u> – Mom & Tots begin at 10:15 a.m. Call 698-5182 to register or for more information. <u>September 13</u> – Line Dancing begins a new session at 11:00 a.m. Call Rose Winkler at 233-6247 to register or for more information. <u>September 15</u> –Sinclair Painting Class begins at 9:00 a.m. Ages 60 and older- no charge. Call Shirley Harbaugh at 937-335-0939 to register or for more information.
9:00 Senior Fitness/Low Impact 13 11:00 Line Dancing 1:00 Computer Class 1:00 Euchre 4:15 Tumbling 5:30 Aerobic Weight Training 5:45 Power Yoga 6:30 Aerobics 7:00 Tumbling 7:30 Private Gymnastics	9:30 Art/Needlework /Lunch Bunch 14 12:30 Bridge /Canasta 1:00 Bingo 6:00 Beg. Ballroom Dance 7:00 Ballroom Dancing 7:00 Women's Self Defense	9:00 Senior Fitness/Low Impact 15 9:00 Sinclair Painting Class 10:15 Mom & Tots 1:00 Bingo 1:00 Bridge 4:00 Kids Art 6:00 Pilates 6:30 Aerobics 7:30 Yoga	9:00 Pilates 16 10:00 Knitting 1:00 Euchre 1:00 Jewelry Class 5:30, 7:00 Karate 7:00 Tumbling 8:00 Private Gymnastics	10:00 Bridge 17 1:00 Pinochle	<u>September 15</u> –Sinclair Painting Class begins at 9:00 a.m. Ages 60 and older- no charge. Call Shirley Harbaugh at 937-335-0939 to register or for more information. <u>September 20</u> – Single Seniors Luau, 1:00 p.m. at Heck Center. Sponsored by Friendship Village and Kindred Funeral Home. Sign up in office. No charge.
9:00 Senior Fitness/Low Impact 20 11:00 Line Dancing 1:00 Computer Class 1:00 Single Seniors 1:00 Euchre 4:15 Tumbling 5:30 Aerobic Weight Training 5:45 Power Yoga 6:30 Aerobics 7:00 Tumbling 7:30 Private Gymnastics	9:30 Art/Needlework/Lunch Bunch 21 11:30 Blood Pressure Checks -Free 12:30 Bridge/Canasta 1:00 Bingo 4- 7 Childhood Immunizations 6:00 Beg. Ballroom Dance 7:00 Ballroom Dancing 7:00 Women's Self Defense	9:00 Senior Fitness/Low Impact 22 9:00 Sinclair Painting Class 10:15 Mom & Tots 1:00 Bingo 4:00 Kids Art 6:00 Pilates 6:30 Aerobics 7:30 Yoga	9:00 Pilates 23 10:00 Knitting 1:00 Euchre 1:00 Jewelry Class 5:30, 7:00 Karate 7:00 Tumbling 8:00 Private Gymnastics	24 11:00 Blood Pressure Checks/Hearing Screenings – No Charge 12 Noon Englewood Senior Citizens, Inc. Brown Bag Lunch. Brookhaven will provide desserts. Everyone 55 and older WELCOME 1:00 Pinochle	
9:00 Senior Fitness/Low Impact 27 11:00 Line Dancing 1:00 Healing Hearts Grief Counseling 1:00 Euchre 4:15 Tumbling 5:30 Aerobic Weight Training 5:45 Power Yoga 6:30 Aerobics 7:00 Tumbling 7:30 Private Gymnastics	9:30 Art/Needlework/Lunch 28 12:30 Bridge/Canasta 1:00 Bingo 6:00 Beg. Ballroom Dance 7:00 Ballroom Dancing 7:00 Women's Self Defense	9:00 Senior Fitness/Low Impact 29 9:00 Sinclair Painting Class 10:15 Mom & Tots 1:00 Bingo 4:00 Kids Art 6:00 Pilates 6:30 Aerobics 7:30 Yoga	9:00 Pilates 30 10:00 Knitting 1:00 Euchre 1:00 Jewelry Class 5:30, 7:00 Karate 7:00 Tumbling 8:00 Private Gymnastics		